

The Antidote to Worry > John 14:1-14

14:1-4 The disciples' antidote to worry: believe in Christ, trust in what He plans, and know what He has said.

14:5-7 As simple as Christ's prescription against worry is, Thomas finds it difficult to apply. He wants specifics from Jesus, everything spelled out plainly. Yet, Jesus answers that Thomas already has been taught all the details he needs. Looking to Christ as the way, the truth, and the life is what's most necessary.

14:8-11 Philip's questions come in a different vein: he doesn't necessarily want the whole plan spelled out, but would rather just see the Father firsthand. Philip is looking for a different plan. But that desire has caused him to miss what is right in front of him: Jesus Himself is the answer to Philip's question.

14:12-14 What mercy that Jesus responds to the disciples – and that His grace is given to us, too! His application should be our own: pray with faith in the Lord.

Context: The disciples have much to worry about at this point, but what they need is to be refocused on who matters most: not their fears or their “what if’s,” but their Savior.

Aim: Jesus' perfect plans and unlimited power will solve all of the disciples' fears for all of time. They only need trust Him.

Gospel: Christ's work on the cross frees us from any sort of eternal worry or need. And His grace extends even in spite of our present weakness of faith, as He prepares a place for us.

Applications: Do you pray with trust in Jesus – His plans, His work, His desires? Pray that He would increase your faith.

Here is how I will apply these truths: _____
