

His Word, Our Trust > Psalm 127:1-5

127:1 *Faith-filled work.* Hard work and vigilance are only lasting if the Lord is the One whom we are working for, and His ways the only ones that we are working in.

127:2 *Faith-less worry.* Apart from trusting the Lord, we are tempted to work harder and longer. This derails us from one of the Lord's greatest blessings: genuine rest.

127:3 *Children are a reward.* Just as we must depend upon the Lord for our work, protection, and rest, so also must we depend upon Him for receiving and raising up children.

127:4-6 *Children are a blessing.* The blessing of children is seen over the long run: they are the ones who pass the faith on to the next generation.

Background: The Psalms of Ascent acted as reminders of faith for God's people throughout the yearly festivals.

The Point: We have work, tasks, and responsibilities, but these are only given meaning and worth when done out of faith and trust in the Lord.

Head: Know that God's sovereignty is a wonderful blessing for His people.

Heart: Believe that the Lord desires to bless His people, and that you can lay hold of His blessing by trusting Christ.

Hands: How will you work, rest, and parent in faith, by trusting in the Lord, rather than in your own strength?

Here is how I will apply these truths: _____
